

INTERNATIONAL
SQUASHACADEMY
2008



Boys and Girls • Ages 10-18
1-800-944-7112 • CampSquash.com

Dear Campers and Parents,

Welcome to the **International Squash Academy**. Our camps were developed to provide junior squash players with an unmatched opportunity to learn from the top coaches and players in the game.

Campers will train under a proven core instructional curriculum that is designed to enable each player to reach their potential.

We invite you to join us at camp this summer and become a better squash player.

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These sports camps also create the ultimate summer experience, developing better athletes one camper at a time!



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Camp Highlights

- ISA Camp T-shirt
- Lanyard & Water Bottle
- Personal Evaluation
- Matches Daily
- Up to 25 Hours of Training
- Camp Prizes
- Private Lessons
- Sportsmanship & Camaraderie

CampSquash.com

Directors and Staff

Our camp directors and staff are among the top coaches and players in the game today. Each was chosen for their coaching, communication skills and professionalism. We are dedicated to providing a positive atmosphere where campers will be challenged, improve and have fun! Our elite camp staff is comprised of pro tour players, college coaches, national team members and top collegiate athletes. Full staff bios are posted on our website, www.CampSquash.com.

Training Curriculum

Our campers will be taught techniques, tactical strategies and the conditioning most important in the game today. Our skill lessons, quick drills and individual sessions give each player the opportunity to maximize their potential. Our low camper to staff ratio allow our instructors the time to give consistent personal feedback. Advanced players who wish to focus on tournament training will have additional court opportunities to concentrate on match play, tactical strategy and mental preparation in a competitive setting. All campers will leave camp with a personal workbook that will reinforce our camp curriculum.

- Grip
- Drops
- Lobs
- Boasts
- Drives
- Swing Mechanics
- Court Movements
- Control of Centre
- Moving Your Opponent
- Forehand
- Backhand
- Overhead
- Refereeing
- Rules & Marking
- Serves

1-800-944-7112

Typical Daily Schedule

7:30-8:30	Breakfast
8:30-9:00	Roll Call & Head to the Courts
8:45-9:00	Extended Day Campers Arrive
9:00-9:30	Warm-Up
9:30-10:00	Demos
10:00-12:00	Session I
12:00-12:30	Tournament Training
12:15-1:00	Lunch
1:00-2:00	Free Time
2:00-4:15	Session II
4:15-5:00	Demo, Q/A
5:30-6:30	Dinner
6:30-8:30	Off-Court Offerings*

*Guest Speakers; Film Analysis; Sport Specific Conditioning; Movie Night & Ice Cream Social; Swimming, *where available.*

What's Included

Overnight campers will stay on campus in the dormitories and eat in the dining hall. The staff resides in the dorm to provide supervision. Extended day campers are provided lunch and dinner. Day campers will have lunch at camp. Camp concludes on Friday with a Play-Off Tournament from 9:30-12:00 and parents are encouraged to attend.



harrow
harrowssports.com



“Having been involved in the game for many years, I have come to value a program based on enjoyment, challenges and professionalism. The International Squash Academy has joined with the best in the game today to provide a summer experience that is all about campers becoming better players and having fun.”

~ **Paul Assaiante, Trinity College Men's Head Coach**

9 consecutive CSA National Championships & 162-match winning streak

Camp Locations

Please check website for additional locations.

Call to inquire about multi-week discounts.

Paul Assaiante will direct both the Lawrenceville and Trinity Camp with International Squash Academy this summer.

The Lawrenceville School, Lawrenceville NJ

June 15-20

Overnight \$1195; Extended Day \$1045; Day \$995

June 22-27

Lawrenceville School will host these ISA sessions for a second summer. It has one of the top squash complexes in the country. The school's Seman/Lawson Squash Courts features 10 international-size courts.

Trinity College, Hartford, CT

July 13-18

Overnight \$1195; Extended Day \$995; Day \$895

Trinity's Kellner Squash Center has 10 international-size courts, two of which are constructed with three glass walls for easy spectator viewing, as well as pyramid-style, amphitheater seating that enables up to 500 spectators to watch matches on all 10 courts simultaneously.

Head Coach **Paul Assaiante** is entering his 13th year at Trinity. His men's squash team is coming off a ninth consecutive perfect season. With a best-ever final record of 21-0, the 2006-07 Bantams brought home an unprecedented ninth straight Potter Trophy with a 9-0 win against Princeton at Yale University in the College Squash Association (CSA) Team Championships. Possessing a stellar career record of 223-10, Assaiante has guided the men's squash squad to the apex of the sport.

From 1999-2003, Assaiante coached both the United States Squash Team, which competed in the Pan American Games, and the USA Men's Team, which played in the World Championships. Twice named the United States Olympic Committee Coach of the Year, Assaiante was given the United States Squash Racquets Association (USSRA) President's Award in 2003-04 for his lifelong contribution to the sport.

Assaiante's professional athletic career was nothing short of spectacular. He was one-half of the U.S. national doubles championship duo in 1994 and captured the USSRA 50-and-over men's squash title in 2004.

Joining Assaiante will be members of the **Trinity Coaching Staff and Team.**

Groton School, Groton, MA

July 20-25

Overnight \$1195; Extended Day \$1045; Day \$895

U.S. Women's squash member **Hope Prockop** and her husband **Dave Prockop** will co-direct this ISA camp. The Prockop's are eager to host campers on their home courts; the Groton School Athletic Center is over 250,000 square feet and has 12 international squash courts.

Hope is currently ranked #116 in the world and #6 in the U.S. In 2006, she earned two Gold Medals in doubles and one in team competition from the Pan American games in Medellin, Colombia. She attended Harvard University and was the captain of the 1990 team that captured the national championship. She also earned several individual accolades that same year including being named an All-American.

Dave is currently and instructor for both the boys and girls programs at the Groton School. Both teams are among the strongest teams in New England annually. He has served as the Head Boys Squash Coach at both Westminster School and the Groton School in years past.

Pomfret School, Pomfret CT

August 3-8

Overnight \$1195; Extended Day \$995; Day \$895

Co-directors **Tim Shea** and **Philip Wilkins** will return for another summer as co-directors of this ISA camp. Pomfret's Corzine Athletic Center has 8 new state-of-the-art international courts for campers to train on.

Shea played #1 for Vassar College under the tutelage of Head Coach Jane Parker, well-known for her professional career. Wilkins has played numerous international competitions and has a Level-3 Advanced Coaching Certification.

Both directors have years of experience working with junior campers including summer squash camps at Vassar, Millbrook, and Pomfret. Joining the staff will be Pomfret School Coach Tad Chase and Lauren Siddal (world #50).



International Squash Academy Registration Form

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Camper's Name _____

Address _____

City _____ State _____ Zip _____

Confirmation E-mail _____

Contact Phone _____ Primary Cell Phone _____

Date of Birth _____ Grade Entering '08-'09 _____

Number of Years Played _____ Skill Level (2.0 - 5.0) _____ National Rank _____

Experience (prior to March '08) Circle all that apply: Varsity J.V. Club Program

Junior Tournaments Abroad Training Camps/Clinics None

Club/ School Name _____

Camp Location _____ Camp Start Date _____

Session Type: Overnight Extended Day Day

Roommate Request (s) _____

(Most Rooms are Double Occupancy)

Person Paying (Parent/ Guardian) _____

Address (if different) _____

Home Phone _____

Check all that apply: Full Payment Deposit \$300

Visa MasterCard Check Enclosed Cancellation Insurance \$40

Please charge the balance of my camp fee to my Credit Card on **May 15th**

Card # _____ Exp. Date _____

I accept the conditions described online and in the brochure.

Parent's Signature _____

Make Check Payable and Mail to: International Squash Academy

1700 Post Rd. Suite D-5, Fairfield, CT 06824 1-800-944-7112 Fax 203-254-0259

A deposit of \$300 is due with your registration. Final balance will be due by May 15th. All camps with openings will continue to take registrations until sold-out.

Cancellation Policy: A camp credit will be issued to any camper who must cancel prior to camp. The credit is transferable to another family member and is good through the 2009 season. Cash refunds are not offered. We offer **Cancellation Insurance** for \$40 per session, payable when you register. This insurance entitles you to a full refund of camp fees paid if you cancel (for any reason) before June 1st. Please note: \$40 insurance fee is not refundable and can only be purchased at the time of registration. With Cancellation Insurance, if you cancel after June 1st, we will issue you a camp credit for all camp fees paid, good through the following year. This camp credit is transferable to anyone and may be used for any camp location.

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